

- Faculté des lettres et sciences humaines
- [www.unine.ch/lettres](http://www.unine.ch/lettres)

## Development in youth and adulthood (2PS1378)

Filières concernées	Nombre d'heures	Validation	Crédits ECTS
<b>Pilier B A - psychologie et éducation</b>	<b>Séminaire: 2 ph</b>	Voir ci-dessous	6

ph=période hebdomadaire, pg=période globale, j=jour, dj=demi-jour, h=heure, min=minute

### Période d'enseignement:

- Semestre Printemps

### Equipe enseignante

Antti Rajala Contact : [antti.rajala@unine.ch](mailto:antti.rajala@unine.ch)

### Contenu

This seminar delves into fundamental concepts and theories of human development, emphasizing the life stages of youth and adulthood. The course begins by examining the notion of human development before exploring insights from both classical scholars and contemporary research. Adopting an interdisciplinary approach, the seminar integrates perspectives from developmental psychology, youth studies, and research on developmental work. Topics covered will include cognitive, emotional, and social development during youth and adulthood, as well as the role of culture, environment, and societal expectations in development. The seminar will also discuss practical applications of developmental theories, for example in education and work.

### Forme de l'évaluation

- Preparing for each session by reading the required literature or conducting the assignment.
- Prepare questions or comments for required readings.
- Actively participating in class discussions.
- Produce a 2000-word essay by the end of the course

### Modalités de rattrapage

The individual report must be delivered by June 15, 2025 on Moodle. The second deadline is August 15, 2025. Completing the required tasks for each class and handing in the essay in due time is a prerequisite for the acceptance of the course, unless a valid reason for an extension of the deadline is approved in advance by the teacher.

### Documentation

Readings are part of the course content. The reading list will be shared by the teacher at the second meeting of the course.

### Pré-requis

Pas de pré-requis

### Forme de l'enseignement

This course is a seminar, it will combine presentations by the teacher, presentations by the students, and group discussions. The students are expected to familiarize themselves and comment on the course readings before the sessions.

Au terme de la formation l'étudiant-e doit être capable de:

- Describe the scientific methodology and research designs typically employed in research in human development, focusing especially on youth and adulthood.
- Analyze classical developmental approaches, including those of Piaget, Vygotsky
- Have a good overview of developmental psychology theories related to youth and adulthood
- Examine key issues of development in youth and adulthood
- Critically assess how developmental theories apply to real-world contexts such as education, the workplace, and social policies.

### Compétences transférables

- Apply developmental concepts to analyze and address challenges in education, work, and social life.
- Understand research methodologies and being able to interpret scientific findings effectively.

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